



We celebrated National Reconciliation Week with face painting, tree planting, artwork and damper tasting. Thank you to Mrs Collins for giving up your spare time and spending the day face painting. We had an overwhelming response from the students it was awesome to see.



STUDENTS  
LAST DAY  
THURSDAY 30  
JUNE 2022  
STUDENTS  
RESUME  
MONDAY 18  
JULY 2022



# NEWSLETTER

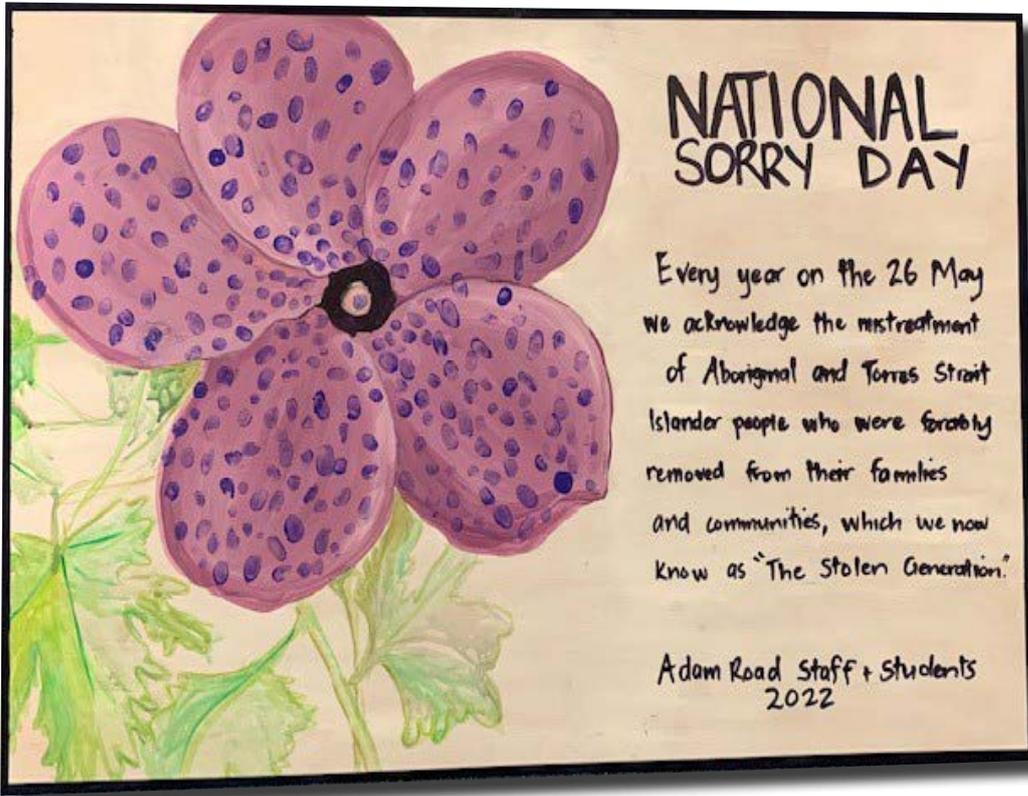
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## UNWELL STUDENTS

Now that we are in the cold and flu season and with COVID continuing, we need to work together to minimise the spread of infection. It is vital that we work hard to keep students home if they are unwell. Please monitor closely for both cold and COVID symptoms. If children feel unwell or have symptoms, please have them stay home and take the time to rest. Families will be called if children are presenting with symptoms or feeling unwell. We would appreciate when collecting children that prompt arrangements can be made so that we can manage our procedures in the office area.

## FROM THE PRINCIPAL'S DESK



**This week has certainly reminded us that winter is in full swing with some wild weather. Our students have certainly appreciated their outside play opportunities amongst the pockets of showers.**

Over the last few weeks, I have had the privilege of reading many of our student reports which will be distributed to families in the last week of school. These are always a wonderful reflection of student effort and achievement for the semester. I encourage you to seek additional feedback from teachers if there is anything in the report that you need more information about.

I would like to take this opportunity to update you on a few things that have been happening behind the scenes this semester – items that have been of high priority to me as I have joined the school this year. Our new 2022-2024 Business Plan is in draft, with plans for parent feedback next term. In this Business Plan, we are setting our vision for embedding our School Beliefs in everything we do. This means, we will have four Focus Areas:

1. Safe, valued and respected
2. Challenged, engaged and accountable
3. Positive relationships
4. Opportunities for success

Over the coming months, you will hear more about our plans in these areas, with opportunities to provide us with ideas and feedback. We have established staff teams who will be focusing their attention on specific aspects, and I look forward to sharing more of their plans in the coming months. I have met with the five leaders of these teams, and I am excited about their vision and passion for each of their particular areas.

As this will be the last newsletter before the school holidays, I would like to wish you a wonderful break. For some families, whose last holidays may have been spent in isolation, I hope you are able to fill your family buckets and share some amazing moments with your family.

Stay well,  
Cathy Allen

# FACTION CROSS COUNTRY

1ST	KEP	820
2ND	MAR	770
3RD	BOODJA	650
4TH	KAAL	580



YEAR 3 GIRLS	
GOLD	SAOIRSE
SILVER	GELLCA
BRONZE	LAYLA- ROSE
YEAR 3 BOYS	
GOLD	ZACHARY
SILVER	NATE
BRONZE	RHYS

YEAR 4 GIRLS	
GOLD	CHARLOTTE
SILVER	COZETTE
BRONZE	JELIKA
YEAR 4 BOYS	
GOLD	XAVIER
SILVER	JACOB
BRONZE	TAYLOR B

YEAR 5 GIRLS	
GOLD	ELEKTRA
SILVER	CHARLOTTE
BRONZE	AVA
YEAR 5 BOYS	
GOLD	JEFFREY
SILVER	TOBY
BRONZE	TYLER

YEAR 6 GIRLS	
GOLD	LAYLA
SILVER	MAKAYLA
BRONZE	LEAH
YEAR 6 BOYS	
GOLD	XAVIER
SILVER	ARCHER
BRONZE	QUINN



## P&C Logo

The P&C committee would like to thank the school for commissioning a graphic designer to create our very own P&C branding! We are very fortunate to have the support of the school in all that we do. We love that we now have a logo and letterhead of our own that still closely links us together. If you see our logo on our Facebook page give it a big thumbs up!

## Interschool Cross Country

Each year Adam Road Primary School proudly hosts the Interschool Cross Country with hundreds of competitors in attendance. We will be holding a food and drink stall with barista-made coffee from Bunbury Coffee, donated morning tea items and a sausage sizzle! This is one of our biggest fundraisers and if you can contribute baked goods (labelled with ingredients) or lend a hand for an hour or two please get in touch.

## PJ Day

On Wednesday 29 June students are invited to wear their winter PJs and snuggly dressing gowns to school! Gold coin donation is required.

## Playground Fundraising Update

We are still working hard to fundraise to upgrade our school playground! As many of you would understand play equipment, especially play equipment that is long-wearing and caters to many children playing, is very expensive. In 2021, we were very successful in raising \$11,000 for our playground fund. OSH Club very generously donated \$3,000 and the school committed \$20,000. This means we currently sit at a grand total of \$34,000. When you add our efforts from this year so far our tally is approximately \$36,000. At our last P&C meeting, we worked together to set a realistic goal for Stage 1. The goal is \$45,000 and once we reach this amount we will work within the department guidelines and with all relevant groups to create exciting plans for the community to see! Thank you for your ongoing support.

**Interschool Cross Country  
Friday 24 June 2022**

The P&C are seeking donations of baked goods such as cakes, muffins, slices, biscuits etc to sell at our stall at this event.

**If you can help, please deliver any donations to the canteen by 9am on the day and include a list of ingredients used. We thank you for your support!**

ADAM ROAD PRIMARY SCHOOL P&C ASSOCIATION

**JUNE 24 From 9am**

**EFTPOS available**

**Interschool Cross Country Food & Drink Stall**

PRICE LIST	
Sausage Sizzle \$3.50	Bunbury Coffee - Regular size \$5.00
Sausage/cold drink combo \$5.00	Can drinks \$2.50
Sausage/hot drink combo \$8.00	Water \$2.00
Coffee/cake combo \$7.00	Juice box \$2.50
Sweet treats \$1.00-\$3.00	

THANK YOU FOR SUPPORTING OUR SCHOOL P&C

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Please follow us on our Facebook page **Adam Road Primary P & C Association Inc.**



Department of  
Education

**Shaping the future**

# School enrolments are now open for 2023

If your child is starting **Kindergarten, Pre-primary, Year 7** or **changing schools** you will need to apply to enrol by **22 July 2022**.

Find out more:

[education.wa.edu.au/enrolment](https://education.wa.edu.au/enrolment)



# Term 2 – Dates To Remember

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8	13 June	14 June	15 June	16 June	17 June <b>Assembly</b>
9	20 June <b>Engineers Without Borders (Science Incursion)</b>	21 June	22 June <b>Engineers Without Borders (Science Incursion)</b>	23 June	24 June <b>Interschool Cross Country</b>
10	27 June	28 June	29 June <b>P&amp;C Free Dress Day – PJ Day</b>	30 June <b>STUDENTS LAST DAY</b>	1 July <b>SCHOOL DEVELOPMENT DAY</b>

**This week's assembly will be held at 2.15pm.**

Adult visitors should socially distance where possible and may choose to wear a mask.

*NB - There will not be a class performing at the assembly.*

## Specialist Awards

Year 1, Room 3

William

Year 2, Room 5

Millicent

Year 2, Room 5

Tatum

Year 3, Room 8

Zachary

Year 5, Room 13

Madeline

## Merit Certificates

Congratulations to the following students who have demonstrated progress, achievement or the upholding of our school values in order to receive a Merit Certificate.

### PRE-PRIMARY

PP1 Cabe, Clover

PP2 Beau, Hayley

### YEAR 1

Room 1 Sophie

Room 2 Katy, Ryder

Room 3 Sam, William

### YEAR 2

Room 4 Charlie

Room 5 Hugo, Senara

Room 6 Archer, Benjiman

### YEAR 3

Room 7 Khizer

Room 8 Aria, Jake

Room 11 Zaylan

### YEAR 4

Room 11 Lucas

Room 12 Jessica, Kayden

Room 13 Taylor

### YEAR 5

Room 18 Denisha, Lateisha

### YEAR 6

Room 19 Deakan, Estelle

Room 21 Claire, Xavier

# COMMUNITY NOTICES

Government of Western Australia  
Department of Health



## VACCINE UPDATES

**Vaccine Update 301 - Free Jab June - Free influenza vaccines for all Western Australians in June**



## Culture Rocks

Join Hilary from Relationships Australia Bunbury over 5 weeks, to create rock art and share your unique culture with others in a safe and supportive environment.

Settling into a new country can be exciting and it also brings its share of challenges. Our Culture Rocks program is an opportunity for women from migrant communities to get to know each other and share their experiences.

### Mondays in August

1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>

**Time** 12.00pm-2.30pm  
**Where** Child and Parent Centre, Ecclestone Street, Carey Park (Bus stop 828 or 829)  
**Cost** FREE, including creche and lunch  
**RSVP** To book your place or for more information please contact Hilary at Relationships Australia WA Bunbury on 6164 0550

A light lunch for parents and children will be served from 12:00pm, giving time to settle your children in to crèche and become familiar with the environment and creche staff.




Relationships Australia WESTERN AUSTRALIA | Child and Parent Centre Carey Park | Government of Western Australia



Parenting Connection

## Raising Screenagers

A free webinar with Dr. Kristy Goodwin

"Just five more minutes!" Sound familiar?

How do you create healthy boundaries for your teen's screentime without digitally amputating them? This workshop by renowned digital wellbeing expert, Dr Kristy Goodwin, will offer evidence-based, realistic advice to help parents and carers feel more confident about supporting your teen's physical and mental wellbeing.

Kristy will explore:

- A simple formula to establish healthy screentime limits for teens of various ages
- Why young people are susceptible to potential pitfalls online and how best to navigate social media and online video games
- Why digital detoxes are critical for your teen's physical and mental wellbeing

When: 6-7:30pm 27<sup>th</sup> June  
Where: Online

The webinar is free but you need to book!  
Click here to register:

[Webinar\\_Raising Your Child Online\\_Parenting Connection - Dr Kristy Goodwin](#)



## Strengthening Children and Teens Against Anxiety

An evidence-based workshop by renowned psychologist Karen Young

What could our children do if they knew in their hearts they were brave enough? All children and teens are capable of their very own versions of greatness. For too many though, anxiety will shut down their capacity to discover their potential - but it doesn't have to be this way. This transformational session will provide the essential information and strategies to help all parents and carers support children and adolescents to build courage and resilience, uncover their strengths, and take anxiety back to small enough. We will discuss ways to nurture the skills and qualities that will strengthen all children for life. Participants will learn:

- a new, empowering way for children, teens, and adults to think about anxiety, and how to use this to manage anxiety;
- taking the 'anxiety out of anxiety';
- how to build courage, resilience, and confidence in children and teens with anxiety;
- proven, practical ways to calm and strengthen an anxious brain;
- the power of parents to move children towards brave behaviour, and how to do this when anxiety is in the way;
- how to respond to anxiety in the moment to make way for calm and courage;
- how children can switch on the relaxation response;
- the different ways anxiety can manifest, and what to do;
- how to build the mindset that will strengthen against anxiety and make way for brave behaviour;
- how to build the solid neural foundations of resilience in all children;
- why new behaviours take time, why old responses can feel tough to change, and the simple explanation for children and teens that can build resilience and grit.

Because we know our children are mighty. Now to make sure they know it too.

Online workshop 23rd June at 10am. To register click here.

Supported by



Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
1	18 July Students resume	19	20	21	22	23	24
2	25 July NAIDOC Week	26	27	28	29 → Assembly	30	31
3	1 Aug	2 P & C Pizza Day  Year 4 PEAC testing (for 2023 intake)	3	4	5	6	7
4	8 Aug	9	10	11	12	13	14
5	15 Aug	16	17	18	19 Assembly	20	21
6	22 Aug Book Week	23	24 Year 6 Camp	25 Year 6 Camp	26 Year 6 Camp →	27	28
7	29 Aug	30	31 P & C Father's Day Stall and online Raffle	1 Sept P & C Father's Day Stall and online Raffle	2 P & C Father's Day Stall and online Raffle  Assembly	3	4
8	5 Sept	6 School Photos	7 School Photos	8	9	10	11
9	12 Sept	13	14	15	16 Assembly	17	18
10	19 Sept P & C Pirate Dress Up Day	20	21	22	23 Students last day	24	25
H	26 Sept Queens Birthday	27	28	29	30	1	2
H	3 Oct	4	5	6	7	8	9

 Start and End of Term

 Public Holidays

 School Holidays (students)

 School Development Days